## Bruno Ferreira

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# Bruno Ferreira

Founder and owner of Dr Bruno's Bodywork NCBTMB License Number: 551755-08 Certified Visionary Craniosacral Work Therapist drbrunobodywork.com



# Massage Work Experience

• Dr. Bruno's Bodywork, Founder and Owner

Visionary Craniosacral Work, Craniosacral therapy, swedish, deep tissue/neuro-muscular, reflexology, and men's life coaching sessions. Private practice, Oakland, CA.

• Massage & Craniosacral Therapist

Emeryville Health & Wellness Center, Emeryville, CA.

• Massage & Craniosacral Therapist

Yoga Mandala studio, Berkeley, CA.

• Sports & Deep-Tissue Massage for Climbers

"Boulder Área" climbing gym, Lisbon, Portugal.

• Private Bodywork Practice

Gainesville, FL.

3-1-2011 - present

7-1-2011 – present

3-1-2011 - 9-15-2011

3-1-2010 - 5-15-2010

2007 - 2009

# Massage Teaching Experience

• Working With The Craniosacral System

A 16hr workshop taught over two days at the **Florida School of Massage**. All material taught at this workshop was put organized by myself.

5 - 11 - 2013 - 5 - 12 - 2013

# **Massage Education**

Assistant, Visionary Cranio-Sacral Class IV
 Milne Institute. 32 hours. Berkeley, CA.

• Assistant, Visionary Cranio-Sacral Class II

Milne Institute. 32 hours. Berkeley, CA.

3 - 28 - 2013 - 3 - 31 - 2013

1-17-2013 - 1-20-2013

• Certified Visionary Craniosacral Work therapist by completing the Milne Institute training.	January 2013
• Visionary Cranio-Sacral Class VII followed by written and oral examination Milne Institute. 32 hours. Big Sur, CA	12-13-2012 - 12-18-2012
• Assistant, Visionary Cranio-Sacral Class IV Milne Institute. 32 hours. Berkeley, CA.	3-15-2012 - 3-18-2012
• Assistant & Cameraman, Visionary Cranio-Sacral Class II Milne Institute. 32 hours. Berkeley, CA.	1-19-2012 - 1-22-2012
• Assistant & Cameraman, Visionary Cranio-Sacral Class I Milne Institute. 32 hours. Berkeley, CA.	1-12-2012 - 1-15-2012
• Assistant & Cameraman, Visionary Cranio-Sacral Class VII Milne Institute. 32 hours. Hamburg, Germany.	10-13-2011 - 10-16-2011
• Assistant & Cameraman, Visionary Cranio-Sacral Class VI Milne Institute. 32 hours. Hamburg, Germany.	10-6-2011 - 10-9-2011
<ul> <li>Assistant &amp; Cameraman, Visionary Cranio-Sacral Class IV</li> <li>Milne Institute. 32 hours. Hamburg, Germany.</li> </ul>	09-29-2011 - 10-2-2011
<ul> <li>Assistant &amp; Cameraman, Visionary Cranio-Sacral Class I Milne Institute. 32 hours. Hamburg, Germany.</li> </ul>	09-22-2011 - 09-25-2011
• Visionary Cranio-Sacral Class VI Milne Institute. 32 hours. Big Sur, CA	07-27-2011 - 07-30-2011
• Visionary Cranio-Sacral Class V Milne Institute. 32 hours. Big Sur, CA	07-21-2011 - 07-24-2011
• Visionary Cranio-Sacral Class IV Milne Institute. 32 hours. Berkeley, CA.	03-24-2011 - 03-27-2011
• Assistant, Visionary Cranio-Sacral Class III Milne Institute. 32 hours. Berkeley, CA.	03-17-2011 - 03-20-2011
• Assistant, Visionary Cranio-Sacral Class III Milne Institute. 32 hours. Berkeley, CA.	06-19-2009 - 06-22-2009
• Visionary Cranio-Sacral Class III  Milne Institute. 32 hours. Berkeley, CA.	08-21-2008 - 08-24-2008
• Pediatric Visionary Cranio-Sacral Class Milne Institute. 32 hours. Berkeley, CA.	08-17-2008 - 08-20-2008
<ul> <li>Visionary Cranio-Sacral Class II         Milne Institute. 32 hours. Gainesville, FL.</li> </ul>	03-27-2008 - 03-30-2008
<ul> <li>Visionary Cranio-Sacral Class I         Milne Institute. 32 hours. Gainesville, FL.</li> </ul>	03-22-2008 - 03-25-2008
• Sensorimotor Psychotherapy Training: "Body as Resource: Healing	November 2007 – April 2008

#### Trauma and Character Strategies"

Body-Centered Psychotherapy/Hakomi Method. Sensorimotor Psychotherapy Institute. 6 months/108 hours. Gainesville, FL.

#### • Therapeutic Massage and Hydrotherapy Training

Florida School of Massage, Gainesville, FL. Modalities: Swedish Massage, Neuromuscular Therapy, Reflexology, Connective Tissue Massage, Sports Massage and Polarity Therapy. 6 months/665 hours.

May – November 2007

# **Yoga – Meditation - Awareness**

• 10-day Vipassana Meditation Retreat as taught by S.N. Goenka Sintra, Portugal.

10-21-2009-11-01-2009

### • Embodied Awakening Conference

CA Institute for Integral Studies, San Francisco, CA.

11-1-2008 - 11-2-2008

## • Your Own Yoga from the Source, Mark Whitwell

Esalen Institute, Big Sur, CA.

12 - 10 - 2006 - 12 - 15 - 2006

## • Iyengar Yoga, Joe Cilmi

Sanctuary Yoga, Gainesville, FL.

12-8-2006 - 12-10-2006

10-26-2006 - 10-29-2006

#### • Art of Vinyasa Conference

Miami, FL.

## • YogaFit certification

Fort Lauderdale, FL.

#### • Yoga Teacher

Sanctuary Yoga, Gainesville, FL.

2006

## • Yoga Teacher for Free Yoga At The Park on 16th Avenue

Gainesville, FL.

# 2004 - 2008

2005 - 2008

#### • Yoga Teacher & Fitness Instructor

University of Florida, Gainesville, FL.

2004 - 2008

## **Academic Education**

- Ph.D. Astronomy and Astrophysics, University of Florida, Gainesville, FL, 2005 2010
- M.S. Astronomy and Astrophysics, University of Florida, Gainesville, FL, 2002 2004
- **B.A.** Physics, University of Lisbon, Lisbon, Portugal. 1996 2001

# **Other Interests**

- Sponsored rock-climbing athlete by the climbing company Evolv, 2006-Present.
- Daily Vipassana meditation practice as taught by S.N. Goenka.
- Lecturing on the intersection of western physics (modern and quantum) and alternative and Oriental medicines (Ayurveda, acupuncture). I gave 2-hour seminars at the **Florida School of Massage** to introduce modern physics to the massage students and to bridge the above-mentioned Eastern and Western modes of thought.